



### Our Mission

The Daniel Nestor Tennis & Fitness Centre is focused on growing the game of tennis in Nova Scotia. We are the only indoor/outdoor clay court facility in Atlantic Canada. The Tennis Centre is determined to create an unmatched sporting and club atmosphere for all ages and all levels of player.



Your child will have the opportunity to learn to play tennis from experienced professionals who enjoy teaching children the fundamentals of tennis and life learnign skills and in a fun and highly challenging environment. More experienced players will benefit greatly from our High-Performance program run by our national level Tennis Director.



## Daniel Nestor

Tennis & Fitness Centre

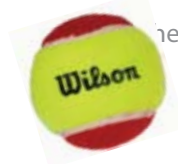
For more information visit our website at;  
[www.DNTC.ca](http://www.DNTC.ca)  
or contact our manager at  
[manager@DNTC.ca](mailto:manager@DNTC.ca)



Rocky Lake Development across from  
the new Canadian Tire in Bedford Commons

#### Travel Distance to site

Dartmouth	20 minutes
Downtown Halifax	24 minutes
Airport	15 minutes
Truro	45 minutes
Windsor	30 minutes



## Daniel Nestor

Tennis & Fitness Centre



# Junior Tennis



**TENNIS**  
CANADA

Centre of Excellence



Opening November 2010





*Daniel Nestor*

Daniel Nestor is a true Canadian Champion. He is undeniably one of the most successful tennis players in Canadian history.

In singles, Daniel reached a career high number 58 on the ATP Tour in 1999.

Daniel has also held the world number one ranking for doubles, and to date Daniel is the active titles leader on the ATP World Tour with 64 including all four Grand Slam events and an Olympic gold medal.

In 2009 Daniel captured the Wimbledon title for the second year in a row.

Although Daniel resides in Toronto, this is the first Daniel Nestor Tennis Centre in Canada. It will be a place of excellence for training and a club for everyone.

We are proud to have it right here in Nova Scotia.

The Daniel Nestor Tennis & Fitness Centre is proud to encourage tennis for everyone.

Part of the profits go directly back into building tennis and focusing on involving youth into the sport.

If you have any questions please do not hesitate to contact our staff at;

**staff@DNTC.ca**



## YOUTH PROGRAMS

The Daniel Nestor Tennis & Fitness Centre is open to children of all ages and all levels. Families are a priority and the Centre offers many opportunities, including:

- Junior tennis training & club trips
- After-school programming
- Special tournament events
- Private & group lessons
- Day care available on scheduled days
- Summer camps and much more.

## Wilson Head Start Tennis

### at the Daniel Nestor Tennis Centre

Head Start Tennis is an exciting new play format for learning tennis. It is designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size.



Foam ball to promote early success

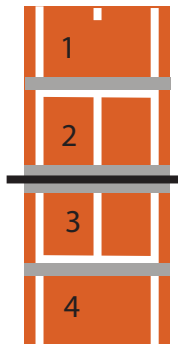


Low compression ball with a softer bounce for transition teaching



Reduced speed ball to build confidence

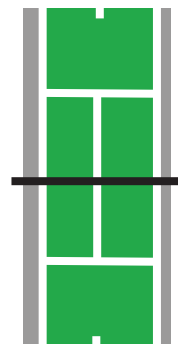
Starting with a normal size court we break it down into various sizes to fit the age of the player and their skill level.



Four courts in one



Reduced



Full court



## Centre of Excellence

The Daniel Nestor Tennis & Fitness Centre will be the place to be if you are interested in serious training. We have some of the most experienced teaching professionals in the region and the most modern facilities to support it.

Arrange a visit with our Tennis Director to find out all the details.

Junior Training staff can be reached at **manager@DNTC.ca**



10' nets for partial court play